# Illinois Chapter of the Student American Veterinary Medical Association

On behalf of the Illinois SAVMA Chapter, I'd like to welcome you to the University of Illinois College of Veterinary Medicine!

#### What is SAVMA?

The American Veterinary Medical Association (AVMA) is a national organization that advocates for the veterinary profession, and each veterinary school has their own student chapter which advocates for its students under a similar model. The Student AVMA (SAVMA) consists of an Executive Board and a House of Delegates (HOD), and the formation of a national organization of veterinary students has enabled what were once isolated student chapters to function effectively as a single unit on the national scene. The Student AVMA coordinates student chapter functions, promotes the exchange of ideas and information among students, and represents its members in matters that concern them, both as students and as future veterinarians.

For more information on SAVMA nationally, please visit: <a href="https://www.avma.org/membership/SAVMA">https://www.avma.org/membership/SAVMA</a>

For more information on the Illinois SAVMA Chapter, please visit our website: Illinois SAVMA Chapter Website

#### **Benefits of SAVMA Membership:**

- Eligibility to purchase first year items (order form included in this packet)
- Eligibility for free liability insurance through AVAM PLIT (Professional Liability Insurance Trust) Student liability protects students during their clinical experiences (externships, preceptorship, part-time or volunteer work, even during your first year!)
- Eligibility for AVMA Life- affordable health insurance for veterinary students and their dependents (and free life insurance while in veterinary school!)
- Automatic enrollment in the American Veterinary Medical Association (AVMA) upon graduation at no cost and two years of reduced membership rates, savings of \$600
- One free registration credit to AVMA Convention to be used within 5 years following graduation (over \$500 value)
- Opportunity to attend the Student AVMA (SAVMA) Symposium (2025 Symposium is hosted by University of California, Davis)
- Discounts on tickets for SAVMA events at U of I including the Vet Med Halloween Party and Vet Prom!
- Eligibility to receive scholarships for externships, rotations, and more
- Access to the AVMA mentor program to develop learning experiences and a professional network
- Significant discounts on the Journal of the American Veterinary Medical Association (JAVMA) and American Journal of Veterinary Research (AJVR) subscriptions

- Eligibility to participate in the Hill's Student Feeding Program and receive funding from Hill's for externships
- Eligibility to apply for one of ten \$1,000 scholarships for Public Practice Externships in Washington, D.C.
- Access to the AVMA job placement service
- Ability to apply for a low interest rate loan through AVMA Auxiliary

## Please read and complete the following instructions to place your order for your first-year supplies by July 21st, 2024:

- 1. Download this document and read the SAVMA Membership information on page 3 and determine which membership, if any, you wish to purchase.
  - a. If you do not become a member, you cannot order items on this form.
- 2. Read the product descriptions on pages 4-7 to determine which products you want to order. Please read the size descriptions carefully!
- 3. Open this Google Sheet and download it as an Excel Spreadsheet to fill out your order form (click SAVMA Sale Fundraiser Order Form 2024 link@File@Download@Microsoft Excel (.xlsx): <a href="mailto:SAVMA Sale Order Form 2024">SAVMA Sale Order Form 2024</a>
- 4. Once you have filled out the order form, save the spreadsheet with your name in the file name and send it to <a href="mailto:savmasale@gmail.com">savmasale@gmail.com</a>.
- 5. There are **TWO** options for payment:
  - a. To pay by PayPal: Once you complete and submit your order form to the email above, you will be emailed an invoice with an additional 3.5% processing fee charged by PayPal.
  - **b.** To pay by Check: Mail your check, payable to "University of Illinois SAVMA Chapter" with your name (student) in the memo line to the following address:

Illinois SAVMA Chapter SAVMA Sale 2001 S. Lincoln Avenue Urbana, IL 61802

- Items will be distributed during orientation week in August. Please join the
   University of Illinois CVM 2028 Facebook page (Click Here) and check your email for updates.
- Contact Lindsey Edwards at <u>savmasale@gmail.com</u> with any questions or concerns. Thank you!

## **SAVMA Membership Information**

\*You can only order items from the following form if you become a member of the Illinois SAVMA Chapter\*

#### **Option 1: Lifetime SAVMA Membership**

This is a 4-year membership with a one-time dues payment of \$150. Keep in mind dues may increase from year to year, so purchasing the 4 year membership guarantees you will not have to pay again even if dues increase. Also, in order to receive the AVMA graduation packet with many discounts (including discounted rates for the first 2 years out in practice), you need to be a member in good standing for 4 full years (see the membership form for all of the benefits of becoming a member). You can pay for this option along with your supplies order.

#### **Option 2: Yearly Basis**

This is a one-year \$50 membership. By selecting this option, you will only be paid for through the 2024-2025 school year, and you will be responsible for going online and registering for **SAVMA** for the following three years at \$50 each online. You can pay for this option along with your supplies order.

#### **Option 3: No membership**

By opting-out of SAVMA membership, you understand <u>you cannot purchase items through this sale</u> and will not receive the benefits listed on pages 1-2 of this document. You will not be able to pay a discounted price for certain college functions.

## **Illinois SAVMA Chapter Supplies Order Form**

\*Membership Registration Required to Purchase\*

To ease your transition to your first year of veterinary school, we facilitate the ordering of first-year supplies. You **WILL** need all of these items, but you do not have to purchase them through this order. However, these items are the standard for classes and clinics and we highly recommend them.

Items <u>required</u> for first year that are included in this order form: Scrubs, Scrub Jackets, Boots/Boot Covers, Bibs/Coveralls, Digital thermometer, Penlight, Surgical Pack w/Suture Board, Safety Goggles, Watch (not a smart watch)

Other required items that are not sold through this form: Gloves and Scalpel Blades for Anatomy Dissection (you will receive information with the option to order these through Surgery Club later in the summer), Khakis and Plain-colored Polos and Business Casual Attire (for specific clinical rotations second quarter), Calculator, Stethoscope, Clipboard (needed for anatomy practicals, but you will be provided one if you sign up for the Big/Little Program)

Other items you may want to purchase: Small Notebook, Scrub Caps

### **Items Available for Purchase**

#### Penlight- \$8.00

 Reusable, with a replaceable battery. This <u>may</u> be used on clinical rotations for neurological exams.

#### • Thermometer- \$5.00

 60 sec read, flexible tip. Used in farms rotations. May be used on other clinical rotations.

#### Watch- \$12.00

 During clinical rotations and palpation quizzes, you will need a watch with a second hand. You cannot use smart watches.

#### Safety Glasses- \$3.00

 Protective eyewear is required in the anatomy lab. Everyday eyewear (i.e. prescription glasses) will also meet this requirement

#### Surgical Pack w/ Practice Pad- \$35.00

Realistic suture silicone skin pad that replicates animal skin, fat, and muscle. This
can be used during the surgical skills rotation and for suturing practice in
general.

 Instruments in the pack include: scalpel handle, forceps, hemostat forceps curved, hemostat forceps straight, suture scissors, and 5 scalpel blades. These are the instruments you will need for clinical rotations.

#### Additional Surgical Instruments - prices vary

- Bandage Scissors 4.5" \$4.00
- Brown-Adson Forceps 7x7 Teeth \$11.00
  - **HIGHLY RECOMMENDED** these will make learning how to suture in surgical skills much easier compared to the forceps that come in the surgical pack.
- Spencer Stitch Scissors with Hook Tip \$7.00
- Mayo Hegar Needle Holder Straight Serrated Jaws 6" \$7.00
- If you are LEFT-HANDED: You will probably be just fine using all of these instruments left-handed, but the Needle Holder may be uncomfortable. If you switch between right and left-handed, we recommend trying to use instruments with your right hand. If you are strictly left-handed, please contact me (Lindsey Edwards – savmasale@gmail.com) and we can discuss other options.

#### Scrubs

- For clinical rotations, you will need scrubs. You may want to wear scrubs in the anatomy lab as well, but these can be any scrubs (old, stained, other clinic logos). For clinical rotations, your scrubs need to be plain and may not have any other logos on them. The brand name is fine (ex: the "Grey's Anatomy" logo on a small tag would be fine), but your scrubs cannot advertise another clinic or veterinary/medical product. This is why we offer generic scrubs to get your collection started. These are plain, navy scrubs. You can use your own scrubs for anatomy and clinical rotations. These are here as an additional option if you would like it.
- In addition, you can choose to wear your blue coat that is provided at the Blue Coat Ceremony (be aware, it will smell like formaldehyde forever if consistently worn into the lab and you will be required to wear it for first and second year clinical rotations) or purchase scrub jackets as it is mandatory to have long sleeves in the anatomy lab. You will not be allowed to wear a long sleeve shirt under your scrubs. It is required to have a long sleeve jacket on top of your scrubs for safety purposes.
- The scrubs that are available for purchase are from the Cherokee Workwear Revolution Collection
  - The top is UNISEX, so please keep this in mind when choosing your size.
  - The pants are UNISEX. The pants are Cherokee Workwear Revolution Drawstring Cargo Pants that are mid-rise with a drawstring and straight leg.

#### Available sizes and pricing:

	Short		Regular		Tall	
Item	XXS-XL	2X-5X	XXS-XL	2X-5X	XS-XL	2X
Unisex Top	N/A	N/A	\$24.00	\$27.00	N/A	N/A
Unisex Pants	\$27.00	\$30.00	\$27.00	\$30.00	\$29.00	\$32.00
			XXS-XL	2X-5X		
Women's Scrub	N/A	N/A	\$29.00	\$32.00	N/A	N/A
Jackets						
			XS-XL	2X-5X		
Men's Scrub Jackets	N/A	N/A	\$30.00	\$33.00	N/A	N/A

#### Bib Coveralls

- NAVY BLUE coveralls will be required for food animal clinical rotations starting with the Class of 2024. Previous classes have been permitted to wear a wide variety of colors, and most have green. Older students may be selling their green coveralls for an affordable price which you may or may not be permitted to wear for first year activities and extracurriculars, but by the time your class (2028) reaches fourth year clinics you will be required to wear navy. If you are buying coveralls for the first time, we highly recommend buying navy. They do not have to be this style, but they should be navy blue (denim is not permitted).
- When selecting the size of your coveralls, consider things such as wearing layers underneath them and that they might slightly shrink after washing them.
- There are 2 options for coveralls/bibs. The Pella Vet bibs are the traditional coveralls that we have ordered in the past. These are more expensive than the Dickies coveralls. <u>Both</u> will work for rotations.

#### Men's Navy Twill Unlined Bibs (Pella Vet)

■ Inseam (length) sizing:

Short: 30" long (up to 5'8")
Regular: 32" long (5'9" to 6'1")
Tall: 34" long (6'2" to 6'3")

Available sizes:

Size	Waist Size		
S	28-30		
M	32-34		
L	36-38		
XL	40-42		
2XL	44-46		
3XL	48-50		

Price	Size
\$85.00	S,M,L,XL - short
	S,M,L,XL - regular
	M, L, XL - tall
\$95.00	2XL - regular
	2XL - tall
\$105.00	3XL - regular
	3XL - tall

Men's NavyShort SleeveDickies Coveralls

■ These sizes
may fit women as
well! Listed below
are all of the
measurements

needed to determine sizing. If you have any questions contact me (Lindsey Edwards - <a href="mailto:savmasale@gmail.com">savmasale@gmail.com</a>).

■ Inseam (length) sizing:

Short: 30" long (up to 5'8")
Regular: 32" long (5'9" to 6'1")
Tall: 34" long (6'2" to 6'3")

#### Short

Size	S	M	L	XL
Chest	34-37	38-41	42-45	46-49
Waist	28-31	32-35	36-39	40-44
Torso Length	57 ¼ - 60 ½	61 ½ - 64 ¼	65-67	67 ¼ - 69

Regular

Size	XXS	XS	S	М	L	XL	2XL	3XL	4XL	5XL
Chest	26-29	30-33	34-37	38-41	42-45	46-49	50-53	54-57	58-60	61-63
Waist	20-23	24-27	28-31	32-35	36-39	40-44	45-50	51-56	57-62	63-68
Torso Length	55-58	57-60 ¼	59 ¼ - 62 ½	63 ½ - 66 ¼	67-69	69 ¼ - 71	71 ¼ - 74 ¼	75-77	78 ½ - 80 ½	81-83

#### Tall

Size	M	L	XL	2XL	3XL	4XL	5XL
Chest	38-41	42-45	46-49	50-53	54-57	58-60	61-63
Waist	32-35	36-39	40-44	45-50	51-56	57-62	63-68
Torso Length	65 ½ - 68 ¼	69-71	71 ¼ - 73	73 ¼ - 76 ¼	77-79	80 ½ - 82 ½	83-85

**Pricing** 

Cost	Sizes
\$45	S,M,L,XL - short S,M,L,XL, 2XL - reg
\$48	3XL,4XL,5XL - reg S,M,L,XL,2XL,3XL,4XL,5XL - tall

#### Women's Navy Twill Unlined Bibs (Pella Vet)

- The inseam is 30" long. This will be long for a lot of you, but they can be folded and tucked into boots.
- Available sizes:

Example: If you normally wear pants or jeans in a size 6, order size Small

Pant size	Bib Size
2-4	X-Small
6-8	Small
10-12	Medium
14-16	Large
18-20	XL

■ Pricing: all women's bibs are \$85.

#### Boots- \$25.00

Tingley® 14" ("knee-high") Black, washable, low-tread, slip-on over shoe work boot. These will go on OVER your shoes and fasten on the side. Find your normal shoe size below and follow it to the right to get your size in these boots. It is recommended to order up for split sizes (i.e., if you wear a Men's size 11 shoe, X Large overshoes are preferred). This is the preferred style for clinical rotations but any low-tread, washable boot that goes higher than your ankle is acceptable.

Men's Shoe Size	Women's Shoe Size	<b>Boot Size</b>
5 - 6 ½	7 - 8 ½	X Small
6 ½ - 8	8 ½ - 10	Small
8 - 9 ½	10 - 11 ½	Medium
9 ½ - 11	11 ½ - 13	Large
11 - 13		XL
13 - 15		XXL

Illinois Vet Med Class of 2028 T-Shirt- \$15.00

- o Available in Deep Royal Blue (shown below) and Orange.
- Sizes are unisex (S, M, L, XL, 2XL, 3XL, 4XL)

#### HANES AUTHENTIC T-SHIRT





HANES AUTHENTIC T-SHIRT



