

TICK SAFETY INSTRUCTIONS

RECOMMENDED METHOD FOR TICK REMOVAL

Ticks not attached to your body

- They may be removed with your fingers. Never crush or break them apart with fingernails, because that releases the germs inside the tick.

Ticks attached to your body

- Remove an embedded tick using forceps or tweezers; grasp it as close to the point of attachment as possible and applying gradual but firm steady upward traction.
- Do not use bare fingers to remove attached ticks; when tweezers are unavailable. Fingers should be shielded with a tissue, paper towel or rubber glove.
- Do not handle the tick with bare hands. After removing the tick, thoroughly disinfect the bite site and wash with soap and water.
- Dispose ticks by placing them in the provided vials.

*****ALWAYS REMOVE ATTACHED TICKS IMMEDIATELY UPON DISCOVERY.**